



Anti-Bullying Code of Conduct

We do not tolerate bullying in any form in school.

It must not happen and if anyone tries to bully, they must be stopped **immediately**

What is bullying?

Bullying is behaviour that repeatedly is:

Unkind

Picking on someone else

Hurtful - physically or mentally

Cutting someone out of the group

Deliberately ignoring others and makes them feel inferior or not wanted

What to do if you are being bullied?

Ask the bully to stop

Tell them what they are doing is unkind and hurtful

If this doesn't work, walk away

Tell an adult - any adult

If you can't tell an adult, talk to a friend.

Don't suffer in silence.

Believe in yourself - you are not what the bully says.

What do you do if you see someone being bullied?

Encourage the person being bullied to tell an adult.

We are a telling school. Tell an adult - any adult.

Join the person being bullied and support them if you can.

What the school will do to stop bullying

Talk with the bully and explain that their behaviour is unacceptable and there will be a sanction in line with the usual school policy.

Monitor the bully's behaviour afterwards to check they are not bullying any more.

In PSHE, discuss and work on bullying and show children how to avoid bullying and being bullied.

What do you do if you think you are a bully?

Look at the reaction of others around you - are they happy - really happy - with what you are doing?

Think about the effect of what you say and do - would you like anyone to act like that to you?

Talk through your worries with an adult - any adult.

Often bullies have been bullied themselves and need help.